

THE JOURNEY

READ: Read the passage through more than once.

REFLECT: What does the passage say about God? (The Father, Jesus Christ, Holy Spirit)

ENGAGE: What principle is there in this passage about being a healthy Jesus follower?

APPLY: How can I apply this principle in my life?

PRAY: Pray for our country, our church, your family and yourself to be a healthy Jesus follower. Close this time by giving thanks for _____

We believe that healthy Jesus followers are on a daily journey with Him throughout their entire lives. Our goal is that by the end of these 100 days you will have grown in your relationship with Jesus and gained a greater hunger for the Word.

We encourage you to keep a daily journal of your reflections and thoughts.

Join us on this exciting journey!

1.	Matthew 1:18-25	4/1/19
2.	Matthew 2:1-12	4/2/19
3.	Matthew 2:13-18	4/3/19
4.	Matthew 2:19-23	4/4/19
5.	Matthew 3:1-12	4/5/19
6.	Matthew 3:13-17	4/6/19
7.	Matthew 4:1-11	4/7/19
8.	Matthew 4:12-25	4/8/19
9.	Matthew 5:1-12	4/9/19
10.	Matthew 5:13-20	4/10/19
11.	Matthew 5:21-30	4/11/19
12.	Matthew 5:31-42	4/12/19
13.	Matthew 5:43-48	4/13/19
14.	Matthew 6:1-15	4/14/19
15.	Matthew 6:16-24	4/15/19
16.	Matthew 6:25-34	4/16/19
17.	Matthew 7:1-11	4/17/19
18.	Matthew 7:12-20	4/18/19
19.	Matthew 7:21-29	4/19/19
20.	Matthew 8:1-13	4/20/19
21.	Matthew 8:14-22	4/21/19
22.	Matthew 8:23-34	4/22/19
23.	Matthew 9:1-8	4/23/19
24.	Matthew 9:9-17	4/24/19
25.	Matthew 9:18-26	4/25/19
26.	Matthew 9:27-38	4/26/19
27.	Matthew 10:1-15	4/27/19
28.	Matthew 10:16-25	4/28/19
29.	Matthew 10:26-33	4/29/19
30.	Matthew 10:34-42	4/30/19
31.	Matthew 11:1-9	5/1/19
32.	Matthew 11:10-19	5/2/19
33.	Matthew 11:20-30	5/3/19
34.	Matthew 12:1-8	5/4/19
35.	Matthew 12:9-21	5/5/19
36.	Matthew 12:22-32	5/6/19
37.	Matthew 12:33-42	5/7/19
38.	Matthew 12:43-50	5/8/19
39.	Matthew 13:1-9	5/9/19
40.	Matthew 13:10-17	5/10/19
41.	Matthew 13:18-30	5/11/19
42.	Matthew 13:31-43	5/12/19
43.	Matthew 13:44-50	5/13/19
44.	Matthew 13:51-58	5/14/19
45.	Matthew 14:1-12	5/15/19
46.	Matthew 14:13-21	5/16/19
47.	Matthew 14:22-36	5/17/19
48.	Matthew 15:1-9	5/18/19
49.	Matthew 15:10-20	5/19/19
50.	Matthew 15:21-31	5/20/19
51.	Matthew 15:32-39	5/21/19
52.	Matthew 16:1-12	5/22/19
53.	Matthew 16:13-20	5/23/19
54.	Matthew 16:21-28	5/24/19
55.	Matthew 17:1-13	5/25/19
56.	Matthew 17:14-21	5/26/19
57.	Matthew 17:22-27	5/27/19
58.	Matthew 18:1-9	5/28/19
59.	Matthew 18:10-20	5/29/19

60.	Matthew 18:21-35	5/30/19
61.	Matthew 19:1-15	5/31/19
62.	Matthew 19:16-30	6/1/19
63.	Matthew 20:1-16	6/2/19
64.	Matthew 20:17-28	6/3/19
65.	Matthew 20:29-34	6/4/19
66.	Matthew 21:1-11	6/5/19
67.	Matthew 21:12-22	6/6/19
68.	Matthew 21:23-32	6/7/19
69.	Matthew 21:33-46	6/8/19
70.	Matthew 22:1-14	6/9/19
71.	Matthew 22:15-22	6/10/19
72.	Matthew 22:23-33	6/11/19
73.	Matthew 22:34-46	6/12/19
74.	Matthew 23:1-12	6/13/19
75.	Matthew 23:13-22	6/14/19
76.	Matthew 23:23-32	6/15/19
77.	Matthew 23:33-39	6/16/19
78.	Matthew 24:1-14	6/17/19
79.	Matthew 24:15-28	6/18/19
80.	Matthew 24:29-35	6/19/19
81.	Matthew 24:36-44	6/20/19
82.	Matthew 24:45-51	6/21/19
83.	Matthew 25:1-13	6/22/19
84.	Matthew 25:14-30	6/23/19
85.	Matthew 25:31-46	6/24/19
86.	Matthew 26:1-13	6/25/19
87.	Matthew 26:14-25	6/26/19
88.	Matthew 26:26-35	6/27/19
89.	Matthew 26:36-46	6/28/19
90.	Matthew 26:47-56	6/29/19
91.	Matthew 26:57-68	6/30/19
92.	Matthew 26:69-75	7/1/19
93.	Matthew 27:1-10	7/2/19
94.	Matthew 27:11-23	7/3/19
95.	Matthew 27:24-31	7/4/19
96.	Matthew 27:32-44	7/5/19
97.	Matthew 27:45-56	7/6/19
98.	Matthew 27:57-66	7/7/19
99.	Matthew 28:1-10	7/8/19
100.	Matthew 28:11-20	7/9/19



BUILDING HEALTHY
JESUS FOLLOWERS

100 DAY JOURNEY

BEGINS 4/1/19



BOCA RATON
COMMUNITY CHURCH