

# groups

Study Group: Leader Guide  
Building Healthy Jesus Followers  
Matthew 6:16-8:22 – April 22<sup>nd</sup>-28<sup>th</sup>

## CHECK-IN

*An opportunity to show authentic community as we **share the struggles** and **celebrate the victories** we've experienced in the last week.*

## 100 DAY JOURNEY

### Recurring Questions

- As you reflected this week, what have you learned about God? (REFLECT)
- What principles have you seen for healthy Jesus followers? (ENGAGE)
- Have you been able to apply any of these principles this week? (APPLY)
- How has God spoken during your times in prayer? (PRAY)
- Is there anything new that you learned or saw in your reading?
- How has God's Word convicted you this week?
- Which attributes of God did you see in this week's passages? How should it change the way that you pray, think, speak or act?

## STUDY & APPLY

Matthew 6-8

- What is the thing you worry or get anxious about most?
  - When we worry, what are we saying about God?
- Jesus gives multiple teachings in chapter 7 that focus on judging. (7:1-6, 15-20)
  - What do these mean and how can we apply them? (see Leader Notes)
- What is Jesus telling us to ask, seek, & knock for?
- If we are to recognize a false prophet by their fruit, what types of fruit should we look for?
- What is the point of the Sermon on the Mount?
- Jesus says that we have 2 options before us. Either follow God or follow the world. Why can't these options be mixed? (6:20-21, 24, 7:13-14, 24-27)
  - Have you tried (or seen others try) to follow God and hold on to the world?
- How does Jesus expect us to live out what He's teaching us here?
- How does Jesus demonstrate His authority in the events of chapter 8?
  - Are there any circumstances where you struggle to believe that Jesus has authority?
  - Where do you most often rebel against Jesus' authority in your life?

### Leader Notes:

- The Bible does not teach us to completely ignore the actions of others and pretend like nothing wrong happened. There is a distinct difference noted when interacting with believers and nonbelievers. When somebody calls themselves a Christian we are *responsible* for helping each other pursue Christ. (1 Corinthians 5:12-13) Many times that includes pointing out sinful actions and encouraging believers to repent. (Galatians 6:1-2) We must do this in the same way Christ would, without hypocrisy, self-righteousness, or hatred.

### Reminders to Leaders:

- This guide is to help you facilitate discussion with your Study Group.
- Use it as a resource to lead your group in discovering and owning the truths of God's Word.
- There may be questions you do not want to use and there may be instances where you just want to focus on a particular point or truth.
- Some questions may bring out emotions and cause people to dwell on their relationship with God. Your role is to **facilitate this experience, not to complete** the discussion guide.

### What are Groups?

Groups at Boca Community fall into 1 of 3 categories: Study, Serve or Outreach. Each group consists of 8-16 people who encourage, challenge and care for one another as they walk through life together.

A full list of Groups can be found at [bocacommunity.org/groups](http://bocacommunity.org/groups)