



Summer Jams – Week 4

Read Psalm 121

1. How does the Psalm encourage you?
2. In what ways has God shown Himself to be your Helper?
3. How does the concept of God's constant watchfulness bring comfort to you in your daily life?
4. Does the Lord's protection of his people mean that believers will never suffer?
5. What does it mean that the Lord is watching over us?
6. What specific evils do you think God is protecting you from, as mentioned in verse 7?
7. How can this Psalm help in developing a more profound sense of trust in God?
8. In what ways does Psalm 121 encourage you in times of trouble or uncertainty?
9. What are some practical ways you can Trust in the Lord this week?
10. How does knowing that God is your "shade" (v.5) change your perspective on the challenges you face?
11. How can Psalm 121 help you respond to feelings of fear or anxiety?
12. Can you think of a time when God's protected you? How did that affect your faith?
13. How can you share the message of Psalm 121 with a friend going through a difficult time?
14. How can we as a group encourage you as you live out your faith this week?

New City Catechism Question 22

Question: Why Must the Redeemer Be Truly Human?

Answer: That in human nature he might on our behalf perfectly obey the whole law and suffer the punishment for human sin.

Verse: Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people. – **Hebrews 2:17**