



Week 5 | Rooted in Christ

Icebreaker:

What's a trend you see everyone following right now? Do you think it will last? Why or why not?

Read Colossians 2:6-23

1. What does it mean to "walk in Him" (Jesus), as Paul instructs here? What are some ways you can "walk in Him" in your daily life?
2. Why is it important to be "rooted and built up in Him"? What are some practical ways to build strong roots in your faith?
3. How would you describe your own journey of being "established"? What helps you grow stronger in faith?
4. How can we recognize "empty deceit" or teachings that aren't true to the gospel today?
5. Why do you think Paul emphasizes the dangers of being "captive" to false teachings? Can you think of any examples where people have been misled by empty philosophies?
6. Paul states that in Jesus, "the whole fullness of deity dwells bodily." What does this mean, and why is it significant that Jesus is fully God?
7. Paul says we were "dead in our trespasses." What does it mean to be spiritually dead, and how does Christ bring us to life?
8. Paul describes how our sins were forgiven by Christ's sacrifice. How do these verses give us a picture of God's forgiveness?
9. What does it mean that Jesus canceled "the record of debt" against us? How should this affect the way we view our mistakes and sins?
10. Paul says Jesus "disarmed the rulers and authorities." Who are these rulers and authorities, and how did Jesus' victory impact them?
11. Paul warns against being judged on what we eat, drink, or religious festivals. Why is it important to focus on Christ rather than rules?
12. What does Paul mean by saying these things are "a shadow of the things to come"? How does Christ fulfill these shadows?
13. Paul warns against being disqualified by those who worship angels or emphasize visions. How can we stay focused on Jesus rather than being distracted by other "spiritual" experiences?
14. Paul says some people lose connection with the "Head," who is Christ. Why is staying connected to Jesus so essential for our faith?
15. What are some modern examples of religious rules or expectations people follow? How do these differ from a genuine relationship with Jesus?
16. How can understanding our freedom in Christ help us avoid legalism (relying on rules) and embrace a personal relationship with Him?